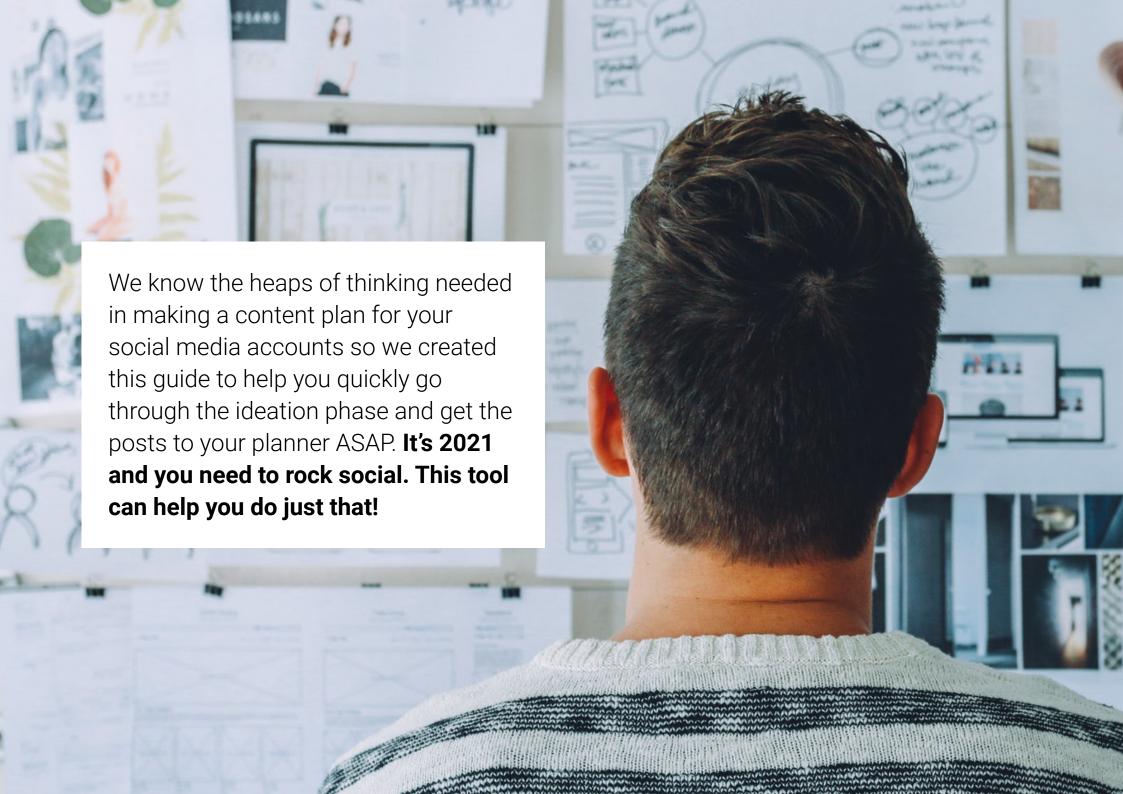




# Social Media<br/>Content Creation Kit



# **How To Use The BoomNow Social Media Content Creation Kit**

Step 1	Before you do anything, you need to have a very clear description of your customer. Your target market must be specified and definite so that your content for social media will perfectly fit right into their tastes, preferences, and inclinations. The more "on-target" you are with this, the higher engagement you can get out from your social presence.
Step 2	Decide the period you want to plan for your business. Weekly? Monthly? Quarterly? We suggest you go for long term and integrate your social posts to your social content strategy for 2020. Doing this will allow you to create air-tight social content that will contribute to your big-picture digital marketing goals for the year.
Step 3	Refer to the holiday calendar we have included in this kit as you plot out your content plan. Find holidays that may be relevant to your business and create content around that. You can even plan out social media promos through these holidays. Thinking about these early on will pay off sooner or later - no cramming around key holidays on what to post, what to offer, and what products/services to push.
Step 4	When you have identified applicable holidays/celebrations for your calendar, put that in the planner. This will allow you to have a seamless content roll-out that is timely and relevant for your audience. For the other days, you can use the Content Theme we have also included in this kit to fill out your planner.
Step 5	Apply the Content Themes we have included in this kit. Content Themes allow you to easily plan out the types of post you want create in any given day while ensuring the right mix or variation in your posts throughout the period you want to plan for. This is important especially if you are creating content for multiple platforms.

We have carefully consolidated and checked the information we included in this kit. We hope you can maximise this guide in creating compelling and engaging social posts on your different platforms.



#### How To Use The BoomNow Social Media Content Creation Kit

Know your audience and be guided always with the answers you provide in this form.
Use this create and plan your content.

	Name:	
	Gender:	
	Language:	
Insert a photo/avatar that best represents your customer.	Marital Status:	
,	Number Of Kids:	
	Location:	
	Household Income:	

DEMOGRAPHICS	
Employment	
Educational Background:	
Residence:	
Vehicle:	
Social Media Accounts:	
Time when online:	

PSYCHOGRAPHIC PROFILE	
Description of how their day goes:	
Would be described as:	
Goals:	
Values:	
Challenges:	
Fears:	
Worry about:	
Is in-the-zone when:	



LIFESTYLE	
Reads:	
Watches:	
Listens to:	
Admire the brands:	
Admire celebrities/influencers:	
Learns best from:	
Guilt pleasures:	
Hates wasting time on:	
RELATIONSHIP TO MY BRAND	
Chose my brand because:	
Likes my brand because:	
Would likely take issue on:	
Would love if:	

## Holidays

AU	JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
ACT	1 - New Year's Day 26 - Australia Day 27 - Australia Day Holiday		9 - Canberra Day	10 - Good Friday 11 - Easter Saturday 12 - Easter Sunday 13 - Easter Monday 25 - Anzac Day		1 - Reconcilliation Day 8 - Queen's Birthday						25 - Christmas Day 26 - Boxing Day 28 - Boxing Day Holiday
NSW	1 - New Year's Day 26 - Australia Day 27 - Australia Day Holiday			10 - Good Friday 11 - Easter Saturday 12 - Easter Sunday 13 - Easter Monday 25 - Anzac Day		10 - Queen's Birthday		3 - Bank Holiday				25 - Christmas Day 26 - Boxing Day 28 - Boxing Day Holiday
NT	1 - New Year's Day 26 - Australia Day 27 - Australia Day Holiday			10 - Good Friday 11 - Day following Good Friday 12 - Easter Sunday 13 - Easter Monday 25 - Anzac Day	4 - May Day	8 - Queen's Birthday		3 - Picnic Day				24 - Christmas Eve 25 - Christmas Day 26 - Boxing Day 28 - Boxing Day Holiday 31 - New Year's Eve
QLD	1 - New Year's Day 26 - Australia Day 27 - Australia Day Holiday			10 - Good Friday 11 - Easter Saturday 12 - Easter Sunday 13 - Easter Monday 25 - Anzac Day	4 - Labour Day			12 - Ekka Wednesday				25 - Christmas Day 26 - Boxing Day 28 - Boxing Day Holiday
SA	1 - New Year's Day 26 - Australia Day 27 - Australia Day Holiday		9 - Adelaide Cup	10 - Good Friday 11 - Easter Saturday 12 - Easter Sunday 13 - Easter Monday 25 - Anzac Day		8 - Queen's Birthday						24 - Christmas Eve 25 - Christmas Day 26 - Boxing Day 28 - Boxing Day Holiday 31 - New Year's Eve
TAS	1 - New Year's Day 26 - Australia Day 27 - Australia Day Holiday		9 - Eight Hours Day	10 - Good Friday 13 - Easter Monday 14 - Easter Tuesday 25 - Anzac Day		8 - Queen's Birthday						25 - Christmas Day 26 - Boxing Day 28 - Boxing Day
VIC	1 - New Year's Day 26 - Australia Day 27 - Australia Day Holiday		9 - Labour Day	10 - Good Friday 11 - Easter Saturday 12 - Easter Sunday 13 - Easter Monday 25 - Anzac Day		8 - Queen's Birthday			25 - Friday before AFL Grand Final (subject to AFL schedule)		3 - Melbourne Cup	25 - Christmas Day 26 - Boxing Day 28 - Boxing Day Holiday
WA	1 - New Year's Day 26 - Australia Day 27 - Australia Day Holiday		2 - Labour Day	10 - Good Friday 13 - Easter Monday 25 - Anzac Day 27 - Anzac Day Holiday		1 - Western Australia Day						25 - Christmas Day 26 - Boxing Day 28 - Boxing Day Holiday



## Holidays

COUNTRY	JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
CANADA	1 - New Year's Day	17 - Family Day (AB, BC, NB, ON & SK) 17 - Heritage Day (NS) 17 - Islander Day (PEI) 17 - Louis Riel Day (MB	)	10 - Good Friday 13 - Easter Monday	18 - National Patriots' Day (QC) 18 - Victoria Day (National except NB, NL, NS, PEI & QC)	21 - Aboriginal Day (NT & YT) 24 - St Jean Baptiste Day (QC)	1 - Canada Day 9 - Nunavut Day (NU)	3 - Civic Holiday (BC, NB, NT, NU & SK) 17 - Discovery Day (YT)	7 - Labour Day	12 - Thanksgiving Day (National except NB, NL, NS & PEI)	11 - Remembrance Day (National except MB, NS, ON & QC)	(25 - Christmas Day 26 - Boxing Day (NT, NU & ON)
NZ	1 - New Year's Day 2 - Day after New Year's Day 20 - Wellington Anniversary Day 27 - Auckland Anniversary Day	3 - Nelson Anniversary Day 6 - Waitangi Day	9 - Taranaki Anniversar Day 23 - Otago Anniversary Day	7 10 - Good Friday 13 - Easter Monday 14 - Southland Anniversary Day 25 - Anzac Day ( or Monday 27 April)		1 - Queen's Birthday			28 - South Canterbury Anniversary Day	23 - Hawkes' Bay Anniversary Day 26 - Labour Day	2 - Marlborough Anniversary Day 13 - Canterbury Anniversary Day 30 - Chatham Islands Anniversary Day 30 - Westland Anniversary Day	25 - Christmas Day 26 - Boxing Day (or Monday 28 December)
UK	1 - New Year's Day 2 - New Year's Holiday (Scotland)		17 - St Patrick's Day (Northern Ireland)	10 - Good Friday 13 - Easter Monday (National except Scotland)	8 - May Day 25 - Late May Bank Holiday		12 - Battle of the Boyne (Northern Ireland) 13 - Battle of the Boyne Holiday (Northern Ireland)	Holiday (National			30 - St Andrew's Day (Scotland)	25 - Christmas Day 26 - Boxing Day 28 - Boxing Day Holiday
US	1 - New Year's Day 17 - Lee-Jackson Day (VA) 19 - Confederate Heroes Day (TX) 20 - Martin Luther King Jr. Birthday 20 - Robert E. Lee's Birthday (AL, AR & MS)	12 - Lincoln's Birthday (CT, IL, MO & NY) 17 - Daisy Gatson Bates Day (AR) 17 - President's Day (National except DE, FL, GA, IN, IA, KS, KY,	2 - Texas Independence Day (TX) 3 - Town Meeting Day (VT) 26 - Prince Jonah Kuhic Kalanianaole Day (HI) 30 - Seward's Day (AK) 31 - César Chávez Day (CA & TX)	10 - Good Friday (CT, DE, HI, IN, KY, LA, NC, ND, NJ, TN & TX) 16 - DC Emancipation Day (DC) 20 - Patriots Day (MA & ME) 21 - San Jacinto Day (TX) 24 - Arbor Day (NE) 27 - Confederate Memorial Day (AL, GA & MS)	5 - Primary Election Day (IN) 8 - Truman Day (MO) 10 - Confederate Memorial Day (SC) 25 - Memorial Day 1 - Jefferson Davis Birithday (AL 11 - King Kamehameha Day (HI) 19 - Juneteenth (TX) 20 - West Virginia Day (WV)	1 - Jefferson Davis Birthday (AL) 11 - King Kamehameha Day (HI) 19 - Juneteenth (TX) 20 - West Virginia Day (WV)	3 - Independence Day Holiday (IN & MD) 4 - Independence Day 24 - Pioneer Day (UT)	10 - Victory Day (RI) 16 - Bennington Battle Day (VT) 21 - Statehood Day (HI) 27 - Lyndon B Johnson Day (TX)	7 - Labour Day	12 - Columbus Day ( AL, AZ, CO, CT, DC, GA, ID, IL, IN, MA, MD, ME, MO, MT, NE, NH, NJ, NM, NY, OH, PA, RI, UT, VA & WV) 12 - Native American Day (SD) 18 - Alaska Day (AK) 30 - Nevada Day (NV)	27 - American Indian Heritage Day (MD) 27 - Family Day (NV) 27 - Georgia State Holiday (GA)	1 - Rosa Parks Day (OH) 24 - Christmas Eve (AR KS, KY, MI, NC, SC, TX & WI) 24 - Washington's Birthday Holiday (GA & IN) 25 - Christmas Day 26 - Christmas Holiday (NC, OK, SC, TN & TX) 31 - New Year's Eve (M



	4	World Braille Day		
JANUARY	24	International Day of Education		
	27	International Day of the Commemoration of the Memory of the Victin	ms of the Holocaust	
	4	World Cancer Day		
	6	International Day of Zero Tolerance to Female Genital Mutilation		
	10	World Pulses Day		
FEBRUARY	11	International Day of Women and Girls in Science		
	13	World Radio Day		
	20	World Day of Social Justice		
	21	International Mother Language Day		
	1	Zero Discrimination Day		
	3	World Wildlife Day		
	8	International Women's Day		
	20	International Day of Happiness	French Language Day	
	21	International Day for the Elimination of Racial Discrimination	World Down Syndrome Day	
MARCH		World Poetry	Internatoinal Day of Forests	
		International Day of Nowruz		
	22	World Water Day		
	23	World Meteorological Day		
	24	World Tuberculosis Day		
	25	International Day for the Right to the Truth Concerning Gross Humar		
		International Day of Soildarity with Detained and Missing Staff Meml	pers	
	2	World Autism Awareness Day		
	4	International Day for Mine Awareness and Assistance in Mine Action		
	6	International Day of Sport for Development and Peace		
	7	International Day of Reflection on the 1994 Genocide against the Tut	si in Rwanda	
		World Health Day		
	12	International Day of Human Space Flight		
APRIL	20	Chinese Language Day		
AFRIL	21	World Creativity and Innovation Day		
	22	International Mother Earth Day		
	23	World Book and Copyright Day	Spanish Language Day	English Language Day
	24	International Day of Multilateralism and Diplomacy for Peace		
	25	International Delegate's Day (starting in 2020)	World Malaria Day	International Girls in ICT Day
	26	International Chernobyl Disaster Remembrance Day	World Intelectual Property Day	
	28	World Day for Safety and Health at Work		
	30	International Jazz Day		

	2	World Tuna Day					
	3	World Press Freedom Day					
	8-9	Time of Remembrance and Reconciliation for Those Who Lost Their Lives During	the Second Wolrd War				
	11	World Migratory Bird Day	and decental from a fran				
	15	International Day of Families					
	16	International Day of Living Together in Peace	International Day of Light				
MAY	17	World Telecommunication and Information Society Day	Vesak, the Day of the Full Moon				
MAI	20	World Bee Day	result, the Buy of the Full moon.				
	21	World Day for Cultural Diversity for Dialogue and Development					
	22	International Day for Biological Diversity					
	23	International Day to End Obstetric Fistula					
	29	International Day of UN Peacekeepers					
	31	World No-Tobacco Day					
	1	Global Day of Parents					
	3	World Bicycle Day					
	4	International Day of Innocent Children Victims of Aggresion					
	5	World Environment Day					
		International Day for the Fight Illegal, Unreported and Unregulated Fishing					
	6	Russian Language Day					
	7	World Food Safety Day					
	8	World Oceans Day					
	12	World Day Against Child Labour					
	13	International Albinism Awareness Day					
	14	World Blood Donor Day					
JUNE	15	World Elder Abuse Awareness Day					
	16	International Day of Family Remittances					
	17	World Day to Combat Desertification and Drought					
	18	Sustainable Gastronomy Day					
	19	International Day for the Elimination of Sexual Violence in Conflict					
	20	World Refugee Day					
	21	International Day of Yoga	International Day of the Celebration of the Solctice				
	23	United Nations Public Service Day	International Widow's Day				
	25	Day of the Seafarer					
	26	International Day Against Drug Abuse and Illicit Trafficking					
		United Nations International Day in Support of Victims of Torture					
	27	Micro, Small and Medium Sized Enterprises Day International Day of the Tropics					
	29	International Day of the Tropics					
	30	International Asteroid Day	International Day of Parliamentarism				

	6	International Day of Cooperatives
	11	World Population Day
	15	World Youth Skills Day
JULY	18	Nelson Mandela International Day
	28	World Hepatitis Day
	30	
	9	International Day of Friendship World Day Against Trafficking in Persons  International Day of the World's Indegenous People
	12	· · · · · · · · · · · · · · · · · · ·
		International Youth Day
	19	World Humanitarian Day
AUGUST	21	International Day of Remembrance and Tribute to the Victims of Terrorism
	22	International Day Commemorating the Victims of Acts of Violence Based on Religion or Belief
	23	International Day for the Remebrance of the Slave Trade and its Abolition
	29	International Day Against Nuclear Tests
	30	International Day of the Victims of Enforced Dissapearances
	5	International Day of Charity
	8	International Literacy Day
	10	World Suicide Prevention Day
	12	United Nations Day South-South Cooperation
	15	International Day of Democracy
<b>SEPTEMBER</b>	16	International Day for the Preservation of the Ozone Layer
	21	International Day of Peace
	23	International Day of Sign Languages
	26	International Day for the Total Elimination of Nuclear Weapons  World Maritime Day
	27	World Tourism Day
	28	World Rabies Day
	30	International Translation Day



	1	International Day of Older Persons
	2	International Day of Non-Violence
	5	World Teacher's Day
	7	World Habitat Day
	9	World Post Day
	10	World Mental Health Day
	11	International Day of the Girl Child
0.070.050	12	World Migratory Bird Day
OCTOBER	13	International Day for Disaster Reduction
	15	International Day of Rural Women
	16	World Food day
	17	World Day for the Eradication of Poverty
	20	World Statistics Day
	24	United Nations Day World Development Information Day
	27	World Day for Audiovisual Heritage
	30	World Cities Day
	2	International Day to End Impunity for Crimes Against Journalists
	5	World Tsunami Awareness Day
	6	International Day for Preventing the Exploitation of the Environment in War and Armed Conflict
	10	World Science Day for Peace and Development
	14	World Diabetes Day
NOVEMBER	16	International Day for Tolerance
NOVEMBER	17	World Day of Remembrance for Road Traffic Victims
	19	World Toilet Day
	20	Africa Industrialization Day  Universal Children's Day
	21	World Television Day World Philosophy Day
	25	International Day for the Elimination of Violence Against Women
	29	International Day of Solidarity with the Palestinian People
	30	Day of Remembrance for all Victims of Chemical Warfare



	1	World AIDS Day	
	3	International Day for the Abolition of Slavery	
	3	International Day of Persons with Disabilities	
	5	International Volunteer Day for Economic and Social Development	World Soil day
	7	International Civil Aviation Day	
DECEMBER	9	International Day of Commemoration and Dignity of the Victims of the Crime of	Genocide and of the Prevention of this Crime
	10	Human Rights Day	
	11	International Mountain Day	
	12	Internaitonal Day of Neutrality	International Universal Health Coverage Day
	18	International Migrants Day	Arabic Language Day
	20	International Human Solidarity Day	



#### **Content Themes**

No matter what your business is, you need to realise that you are first and foremost a "media" company. This simply means one of your primary thrusts as a business in today's highly connected society is creating content. And because everybody is doing that to get the attention of their market, your content needs to stand out.

Quality content is the backbone of your social media efforts. Sure, you have an amazing digital marketing strategy, maybe you have a very "sellable" business, but if you are unable to churn out good, quality, engaging content every day then you will fail to hold the attention of your market and today, attention is everything.

We have created these categories to help you create and plan out your content. We made it into an acronym that spells **KABOOM**!

K	Α	В	0	0	M
Keep It Personal  Connect to your customers in an intimate manner.  Make them feel comfortable with your business, make them feel like an "insider".  BTS (behind-the-scenes) photo or video Product highlights Images of your life and the lives of your team Events you are inclined to attend Employee features Sharing content made by your own audience	Amuse And Entertain  Answer your market's need for some laughs and entertainment. You need to make them feel you are a fun brand, a business that values happiness and positive vibes.  Fun Events National Holidays Jokes Funny Memes Viral Videos Contests Give-aways Throwback	Build Up Faith  Inspire your audience and make them feel good about life within the context of your products and services.  Inspirational Quotes Awesome Facts Beautiful photos Stories of personal victories Interesting Trivia	Offer Value  Give your market something that can enrich their lives. This is usually usable content that offers additional knowledge and industry updates that can be very beneficial to your audience.  Free/Paid Webinars Discounts on Products/Services Social Proof Newsletter subscriptions Email Opt-in	Offer Knowledge  Provide your audience with education on things that is connected with your offerings. This is a more direct input of knowledge compared to just offering "value".  White Paper Case Studies Blogs Tips FAQs Industry Research	Move To Engage  Get your audience to engage with your brand and involve them in building interesting content with you (user generated content).  Polls Question and Answer "Caption This" Posts Product/Service Suggestions Ask For Insights



#### **Quotes For Social Media**

"Whatever you are, be a good one."

-- Abraham Lincoln

"Things may come to those who wait, but only the things left by those who hustle."

-- Abraham Lincoln

"Energy and patience in business are two indispensable elements of success."

-- P. T. Barnum

"We carry inside us the wonders we seek outside us."

-- Rumi

Today is the first day of the rest of your life.

-- Abbie Hoffman

Better be wise by the misfortunes of others than by your own.

-- Aesop

Your inner strength is your outer foundation

-- Alan Rufus

A person who never made a mistake never tried anything new.

-- Albert Einstein

We cannot solve our problems with the same thinking we used when we created them.

-- Albert Einstein

Success is not the key to happiness. Happiness is the key to success. If you love what you are doing, you will be successful.

-- Albert Schweitzer

There is only one corner of the universe you can be certain of improving, and that's your own self.

-- Aldous Huxley

What this power is I cannot say; all I know is that it exists and it becomes available only when a man is in that state of mind in which he knows exactly what he wants and is fully determined not to quit until he finds it.

-- Alexander Graham Bell

There is nothing impossible to him who will try.

-- Alexander the Great

Look closely at the present you are constructing: it should look like the future you are dreaming.

-- Alice Walker

We don't see things as they are, we see them as we are.

-- Anais Nin

It is by acts and not by ideas that people live.

-- Anatole France

Man cannot discover new oceans unless he has the courage to lose sight of the shore.

-- Andre Gide



#### **Quotes For Social Media**

Opportunities are usually disguised as hard work, so most people don't recognize them.

-- Ann Landers

The time for action is now. It's never too late to do something.

-- Antoine de Saint-Exupery

We are what we repeatedly do. Excellence, then, is not an act, but a habit.

-- Aristotle

When I work fourteen hours a day, seven days a week, I get lucky.

-- Armand Hammer

The mind is the limit. As long as the mind can envision the fact that you can do something, you can do it, as long as you really believe 100 percent.

-- Arnold Schwarzenegger

Strength does not come from winning. Your struggles develop your strengths. When you go through hardships and decide not to surrender, that is strength.

-- Arnold Schwarzenegger

Success is a journey, not a destination. The doing is often more important than the outcome.

-- Arthur Ashe

One important key to success is self-confidence. An important key to self-confidence is preparation.

-- Arthur Ashe

Don't be seduced into thinking that that which does not make a profit is without value.

-- Arthur Miller

It is not enough to get things done; they must be done right.

-- Arthur Twining Hadley

The ladder of success is best climbed by stepping on the rungs of opportunity.

-- Ayn Rand

You just can't beat the person who never gives up.

-- Babe Ruth

The wise does at once what the fool does at last.

-- Baltasar Gracian



#### **January**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1	2	3	4	5
		RELAX & ENTERTAIN	ENCOURAGE & INSPIRE	ENGAGE	ACHIEVE & PROMOTE	TEACH & EDUCATE
		New Year's Day	Awe-inspiring image with a quote from the quote page.	2020 is exciting because	Promote a service/product	Share a tip related to your offerings
6	7	8	9	10	11	12
ENCOURAGE & INSPIRE	CONNECT	ACHIEVE & PROMOTE	TEACH & EDUCATE	ENCOURAGE & INSPIRE	CONNECT	ENGAGE
Awe-inspiring image with a quote from the quote page.	Share the story behind your passion, your business.	Share a nice testimonial from a customer.	Share a free resource from your website.	Awe-inspiring image with a quote from the quote page.	Publish a video product review	Share one goal that you have set for 2020
13	14	15	16	17	18	19
ENCOURAGE & INSPIRE	TEACH & EDUCATE	ACHIEVE & PROMOTE	CONNECT	RELAX & ENTERTAIN	ENGAGE	TEACH & EDUCATE
Awe-inspiring image with a quote from the quote page.	Live webinar about one fo your services/products	Promote a service/product	Share a fun trivia about your business	Ditch your New Year's Resolutions Day	Pick a song title for your weekend mood	Share a blog that relates to your industry.
20	21	22	23	24	25	26
RELAX & ENTERTAIN	CONNECT	ACHIEVE & PROMOTE	TEACH & EDUCATE	ENCOURAGE & INSPIRE	RELAX & ENTERTAIN	RELAX & ENTERTAIN
Martin Luther King Jr Day	Share the story of your customer of the month.	Promote your email opt-in.	Answer a FAQ about your business.	Awe-inspiring image with a quote from the quote page.	Chinese New Year	Australia Day
27	28	29	30	31		
ENCOURAGE & INSPIRE	TEACH & EDUCATE	ACHIEVE & PROMOTE	CONNECT	ENGAGE		
Awe-inspiring image with a quote from the quote page.	Share your latest podcast or blog.	Launch a promo for your products/services.	Screenshot a nice comment from any of your social posts.	Night in or night out?		



#### **February**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1	2
					CONNECT	TEACH & EDUCATE
					Behind-the-scenes photos/video of your workplace and staff	Share a fun trivia about your business
3	4	5	6	7	8	9
ENCOURAGE & INSPIRE	RELAX & ENTERTAIN	ACHIEVE & PROMOTE	RELAX & ENTERTAIN	ENGA GE	TEACH & EDUCATE	CONNECT
Awe-inspiring image with a quote from the quote page.	World Cancer Day	Promote a service/product.	Waitangi Day (NZ)	What is that nick name people call you that you like?	Share a free resource from your website.	Share the story behind starting the business.
10	11	12	13	14	15	16
ENCOURAGE & INSPIRE	CONNECT	ACHIEVE & PROMOTE	TEACH & EDUCATE	RELAX & ENTERTAIN	ENGAGE	ACHIEVE & PROMOTE
Awe-inspiring image with a quote from the quote page.	How can your products/services help people.	Share a nice testimonial from a customer.	Live webinar about one fo your services/products.	Valentine's Day	Where would you love to live: country/beach/mount ains/city?	Promote a service/product
17	18	19	20	21	22	23
ENCOURAGE & INSPIRE	ENGAGE	ACHIEVE & PROMOTE	CONNECT	ENGAGE	TEACH & EDUCATE	RELAX & ENTERTAIN
Awe-inspiring image with a quote from the quote page.	Describe yourself with emojis!	Promote your email opt-in.	Share an inspiring story.	If I could, I would be the CEO of	Answer a FAQ about your business	Where was the fortune cookie invented?
24	25	26	27	28	29	
ENCOURAGE & INSPIRE	CONNECT	ACHIEVE & PROMOTE	TEACH & EDUCATE	ENCOURAGE & INSPIRE	ENGAGE	
Awe-inspiring image with a quote from the quote page.	Publish a video of the event you recently attended.	Launch a promo for your products/services.	Share your latest podcast or blog.	Beautiful image with an inspiring quote from the quote page.Awe-inspiring image with a quote from the quote page.	If you are stuck on an island, what's the one thing you need to have?	



#### March

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						CONNECT
						How do you relax on a Sunday?
2	3	4	5	6	7	8
RELAX & ENTERTAIN	ENGAGE	ACHIEVE & PROMOTE	TEACH & EDUCATE	CONNECT	ENGAGE	RELAX & ENTERTAIN
Fun Facts About Names Day	The one word that describes my workday best is	Promote a service/product.	Share a tip related to your offerings	Behind-the-scenes of workplace/staff	Name 3 things that are on your bedside table.	International Women's Day
9	10	11	12	13	14	15
ENCOURAGE & INSPIRE	TEACH & EDUCATE	ACHIEVE & PROMOTE	ENGAGE	ENCOURAGE & INSPIRE	ACHIEVE & PROMOTE	CONNECT
Awe-inspiring image with a quote from the quote page.	Share a free resource from your website.	Share a nice testimonial from a customer.	What is the reality TV show you don't miss to watch?	Awe-inspiring image with a quote from the quote page.	Promote your email opt-in.	What is favourite activity you do with your family?
16	17	18	19	20	21	22
ENCOURAGE & INSPIRE	RELAX & ENTERTAIN	ACHIEVE & PROMOTE	TEACH & EDUCATE	RELAX & ENTERTAIN	CONNECT	ENGAGE
Awe-inspiring image with a quote from the quote page.	St Patrick's Day	Promote a service/product.	Live webinar about one of your services/products.	National Day of Action against Bullying & Violence	Share a quick time- saving tip.	If you can go anywhere, where would it be?
23	24	25	26	27	28	29
ENCOURAGE & INSPIRE	TEACH & EDUCATE	ACHIEVE & INSPIRE	CONNECT	ENGAGE	ACHIEVE & INSPIRE	RELAX & ENTERTAIN
Awe-inspiring image with a quote from the quote page.	Share your latest podcast or blog.	Promote your email opt-in.	Share your top 3 favorite business books	What is the superhero power you want to have?	Launch a promo for your products/services.	Neighbour Day
30	31					
ENCOURAGE & INSPIRE	TEACH & EDUCATE					
Awe-inspiring image with a quote from the quote page.	Share your latest podcast or blog.					



#### **April**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1	2	3	4	5
		RELAX & ENTERTAIN	CONNECT	ENGAGE	ACHIEVE & PROMOTE	TEACH & EDUCATE
		April Fool's Day	Publish a video product review	Name a candy bar that starts with the first letter of your name?	Promote a service/product.	Share a tip related to your offerings
6	7	8	9	10	11	12
ENCOURAGE & INSPIRE	CONNECT	ACHIEVE & PROMOTE	TEACH & EDUCATE	RELAX & ENTERTAIN	EMGAGE	RELAX & ENTERTAIN
Awe-inspiring image with a quote from the quote page.	Screenshot a nice comment from any of your social posts.	Share a nice testimonial from a customer.	Share a free resource on your website.	Good Friday	My favourite inspirational quote is	Easter Sunday
13	14	15	16	17	18	19
ENCOURAGE & INSPIRE	ENGAGE	ACHIEVE & PROMOTE	CONNECT	ENCOURAGE & INSPIRE	TEACH & EDUCATE	ENGAGE
Awe-inspiring image with a quote from the quote page.	I can't live without my	Promote a service/product.	Share who is your favourite business coach.	Awe-inspiring image with a quote from the quote page.	Live webinar about one of your services/products.	What are you plans for today?
20	21	22	23	24	25	26
ENCOURAGE & INPSIRE	CONNECT	ACHIEVE & PROMOTE	TEACH & EDUCATE	ENGAGE	RELAX & ENTERTAIN	CONNECT
Awe-inspiring image with a quote from the quote page.	Share the story of your customer of the month.	Promote your email opt-in.	Share a case study that fits into your business and industry.	What's your favorite series on Netflix?	Anzac Day	Explain how you get ready for the week ahead.
27	28	29	30			
ENCOURAGE & INSPIRE	TEACH & EDUCATE	ACHIEVE & PROMOTE	RELAX & ENTERTAIN			
Awe-inspiring image with a quote from the quote page.	Share your latest podcast or blog.	Launch a promo for your products/services.	International Jazz Day			



## May

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1	2	3
				ENGAGE	ACHIEVE & PROMOTE	RELAX & ENTERTAIN
				Name a food you just can't say no to	Promote a service/product.	World Press Freedom Day
4	5	6	7	8	9	10
RELAX & ENTERTAIN	TEACH & EDUCATE	ACHIEVE & PROMOTE	CONNECT	ENCOURAGE & INSPIRE	TEACH & EDUCATE	RELAX & ENTERTAIN
Star Wars Day	Share a tip related to your offerings	Share a nice testimonial from a customer.	Share your top 3 apps that help you improve your productivity.	Awe-inspiring image with a quote from the quote page.	Share a free resource from your website.	Mother's Day
11	12	13	14	15	16	17
ENCOURAGE & INSPIRE	CONNECT	ACHIEVE & PROMOTE	TEACH & EDUCATE	ENGAGE	ENCOURAGE & INSPIRE	RELAX & ENTERTAIN
Awe-inspiring image with a quote from the quote page.	Share your daily routine through a video.	Promote a service/product.	Live webinar about one of your services/products.	My celebrity crush is	Awe-inspiring image with a quote from the quote page.	RSPCA Million Paws Walk
18	19	20	21	22	23	24
ENCOURAGE & INSPIRE	TEACH & EDUCATE	ACHIEVE & PROMOTE	CONNECT	RELAX & ENTERTAIN	TEACH & EDUCATE	ENGAGE
Awe-inspiring image with a quote from the quote page.	Share a blog that relates to your industry.	Promote your email opt-in.	What is the one quote that changed your life for the better?	How many bricks were used to build the Empire State Building?	Answer a FAQ about your business.	Describe your ideal weekend.
25	26	27	28	29	30	31
ENCOURAGE & INSPIRE	CONNECT	ENGAGE	TEACH & EDUCATE	CONNECT	ACHIEVE & PROMOTE	ENGAGE
Awe-inspiring image with a quote from the quote page.	Post an 'Ask me anything' post (then answer the questions).	If I could meet one person, who would it be?	Share your latest podcast or blog.	Post a "Thank you" note for your customers.	Launch a promo for your products/services.	Who is your ulimate idol in your life?



#### June

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2	3	4	5	6	7
ENCOURAGE & INSPIRE	CONNECT	ACHIEVE & PROMOTE	TEACH & EDUCATE	ENGAGE	CONNECT	RELAX & ENTERTAIN
Awe-inspiring image with a quote from the quote page.	Share your plans for the next 3 months.	Promote a service/product.	Share a tip related to your offerings	What was your first car?	What's on your bucket list.	What's the movie title that best describes your week?
8	9	10	11	12	13	14
ENCOURAGE & INSPIRE	TEACH & EDUCATE	ACHIEVE & PROMOTE	CONNECT	RELAX & ENTERTAIN	TEACH & EDUCATE	ENGAGE
Awe-inspiring image with a quote from the quote page.	Share a tip related to your offerings	Share a nice testimonial from a customer.	Behind-the-scenes photos/video of your workplace and staff	Superman Day	Live webinar about one of your services/products.	Which do you prefer, summer or winter?
15	16	17	18	19	20	21
ENCOURAGE & INSPIRE	ENGAGE	ACHIEVE & PROMOTE	TEACH & EDUCATE	RELAX & ENTERTAIN	CONNECT	ENGAGE
Awe-inspiring image with a quote from the quote page.	What is the first action in your morning routine?	Promote a service/product.	Answer a FAQ about your business.	Post a riddle - invite audience to answer.	Share the story of your customer of the month.	Sunday mornings is about
22	23	24	25	26	27	28
ENCOURAGE & INSPIRE	TEACH & EDUCATE	ACHIEVE & PROMOTE	CONNECT	ENGAGE	RELAX & ENTERTAIN	ACHIEVE & PROMOTE
Awe-inspiring image with a quote from the quote page.	Share your latest podcast or blog.	Promote your email opt-in.	Screenshot a nice comment from any of your social posts.	Would you rather go for camping/shopping/bo ating/dancing?	Micro, Small and Medium Sized Enterprises Day	Launch a promo for your products/services.
29	30					
ENCOURAGE & INSPIRE	RELAX & ENTERTAIN					
Awe-inspiring image with a quote from the quote page.	Social Media Day					



## July

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1	2	3	4	5
		RELAX & ENTERTAIN	TEACH & EDUCATE	ENGAGE	RELAX & ENTERTAIN	CONNECT
		Canada Day	Share a tip related to your offerings	Name a song that relates to how your day is going now.	Independance Day (USA)	Publish your vision board.
6	7	8	9	10	11	12
ENCOURAGE & INSPIRE	RELAX & ENTERTAIN	ACHIEVE & PROMOTE	TEACH & EDUCATE	ENGAGE	CONNECT	ACHIEVE & PROMOTE
Awe-inspiring image with a quote from the quote page.	Chocolate Day	Promote a service/product.	Share a free resource from your website.	If you were a superhero, you would be?	Post a photo of your favourite holiday destination	Share a nice testimonial from a customer.
13	14	15	16	17	18	19
ENCOURAGE & INSPIRE	TEACH & EDUCATE	ACHIEVE & PROMOTE	CONNECT	ENCOURAGE & INSPIRE	RELAX & ENTERTAIN	ENGAGE
Awe-inspiring image with a quote from the quote page.	Live webinar about one of your services/products.	Promote a service/product.	Share a life changing movie you watched	Awe-inspiring image with a quote from the quote page.	Nelson Mandela International Day	The best book you ever read?
20	21	22	23	24	25	26
ENCOURAGE & INSPIRE	ENGAGE	ACHIEVE & PROMOTE	TEACH & EDUCATE	CONNECT	ENGAGE	ACHIEVE & PROMOTE
Awe-inspiring image with a quote from the quote page.	Work from office or from home?	Promote your email opt-in.	Share a blog that relates to your business and industry.	Post a "thank you" note for clients	Prefered time to work: early bird or night owl?	Share a nice testimonial from a customer.
27	28	29	30	31		
ENCOURAGE & INSPIRE	TEACH & EDUCATE	ACHIEVE & PROMOTE	RELAX & ENTERTAIN	CONNECT		
Awe-inspiring image with a quote from the quote page.	Share your latest blog or podcast.	Launch a promo for your products/services.	International Day of Friendship	Screenshot a nice comment from any of your social posts.		



## **August**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1	2
					CONNECT	ENGAGE
					What is your favourite weekend activity?	The best thing that happened to you today?
3	4	5	6	7	8	9
ENCOURAGE & INSPIRE	TEACH & EDUCATE	ACHIEVE & PROMOTE	CONNECT	ENGAGE	RELAX & ENTERTAIN	TEACH & EDUCATE
Awe-inspiring image with a quote from the quote page.	Share a tip related to your offerings	Promote a service/product.	3 facts about your business that people don't know.	The best concert I ever went to was	A group of unicorns is called what?	Share a free resource from your website.
10	11	12	13	14	15	16
ENCOURAGE & INSPIRE	CONNECT	RELAX & ENTERTAIN	TEACH & EDUCATE	RELAX & ENTERTAIN	ACHIEVE & PROMOTE	ENGAGE
Awe-inspiring image with a quote from the quote page.	What event are you interested of going soon?	International Youth Day	Live webinar about one of your services/products.	What is the dot above the "i" and "j" called?	Share a nice testimonial from a customer.	Read a book or watch a movie?
17	18	19	20	21	22	23
ENCOURAGE & INSPIRE	TEACH & EDUCATE	ACHIEVE & PROMOTE	CONNECT	ENGAGE	RELAX & ENTERTAIN	TEACH & EDUCATE
Awe-inspiring image with a quote from the quote page.	Share a case study related to your business?	Promote a service/product.	Share your favourite podcasts?	You won the lotto, what's your first purchase?	Ask a funny riddle and engage answers.	Share an industry related article.
24	25	26	27	28	29	30
ENCOURAGE & INSPIRE	CONNECT	ACHIEVE & PROMOTE	TEACH & EDUCATE	RELAX & ENTERTAIN	ACHIEVE & PROMOTE	ENGAGE
Awe-inspiring image with a quote from the quote page.	Screenshot a nice comment from any of your social posts.	Promote your email opt-in.	Share your latest blog or podcast.	How did the Apple brand name came to be?	Launch a promo for your products/services.	The best vacation you ever had?
31  ENCOURAGE &  INSPIRE  Awe-inspiring image  with a quote from the quote page.						



#### September

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1	2	3	4	5	6
	CONNECT	ACHIEVE & PROMOTE	TEACH & EDUCATE	ENCOURAGE & INSPIRE	ENGAGE	RELAX & ENTERTAIN
	Post a funny photo of your officr "situation".	Promote a service/product.	Share a tip related to your offerings	Awe-inspiring image with a quote from the quote page.	Vote! iOS or Android?	Father's Day
7	8	9	10	11	12	13
ENCOURAGE & INSPIRE	RELAX & ENTERTAIN	ACHIEVE & PROMOTE	RELAX & ENTERTAIN	ENGAGE	CONNECT	TEACH & EDUCATE
Awe-inspiring image with a quote from the quote page.	Star Trek Day	Share a nice testimonial from a customer.	R U OK Day?	What's the weather in your location?	Behind-the-scenes of what you are doing.	Share a free resource from your website.
14	15	16	17	18	19	20
ENCOURAGE & INSPIRE	ENGAGE	ACHIEVE & PROMOTE	CONNECT	RELAX & ENTERTAIN	ENGAGE	TEACH & EDUCATE
Awe-inspiring image with a quote from the quote page.	Productivity hack - name 3!	Promote a service/product.	Business failures you want to share (and the lessons).	Post an interesting trivia.	Share your first job. Ask your audience too.	Live webinar about one of your services/products.
21	22	23	24	25	26	27
ENCOURAGE & INSPIRE	CONNECT	ACHIEVE & PROMOTE	TEACH & EDUCATE	ENGAGE	RELAX & ENTERTAIN	CONNECT
Awe-inspiring image with a quote from the quote page.	Share the story of your customer of the month.	Promote your email opt-in.	Answer a FAQ about your business.	The app in your phone you can't live without.	Share a viral content (meme/video)	Talk about they WHY of your business.
28	29	30				
ENCOURAGE & INSPIRE	TEACH & EDUCATE	ACHIEVE & PROMOTE				
Awe-inspiring image with a quote from the quote page.	Share your latest blog or podcast.	Launch a promo for your products/services.				



#### October

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2	3	4
			RELAX & ENTERTAIN	ENGAGE	ACHIEVE & PROMOTE	TEACH & EDUCATE
			International Coffee Day	In one phrase, describe the place where you are from!	Promote a service/product.	Share a tip related to your offerings
5	6	7	8	9	10	11
ENCOURAGE & INSPIRE	TEACH & EDUCATE	ACHIEVE & PROMOTE	CONNECT	ENGAGE	RELAX & ENTERTAIN	ENGAGE
Awe-inspiring image with a quote from the quote page.	Share a free resource from your website.	Share a nice testimonial from a customer.	Video of a product review.	Do you answer calls or prefer texting?	World Mental Health Day	Ideal vacation through a song title.
12	13	14	15	16	17	18
ENCOURAGE & INSPIRE	CONNECT	ACHIEVE & PROMOTE	TEACH & EDUCATE	RELAX & ENTERTAIN	ACHIEVE & PROMOTE	CONNECT
Awe-inspiring image with a quote from the quote page.	Behind-the-scenes of what you are doing.	Promote a service/product.	Live webinar about one of your services/products.	What was the first social media site you ever tried?	Share a nice testimonial from a customer.	Post an interesting success story in your business.
19	20	21	22	23	24	25
ENCOURAGE & INSPIRE	TEACH & EDUCATE	ACHIEVE & PROMOTE	CONNECT	ENCOURAGE & INSPIRE	RELAX & ENTERTAIN	ENGAGE
Awe-inspiring image with a quote from the quote page.	Share a blog related to your business and industry.	Promote your email opt-in.	Share the story of your customer of the month.	Awe-inspiring image with a quote from the quote page.	Share a funny video from your office.	Share your going-to- bed routine.
26	27	28	29	30	31	
ENCOURAGE & INSPIRE	CONNECT	ACHIEVE & PROMOTE	TEACH & EDUCATE	ENGAGE	RELAX & ENTERTAIN	
Awe-inspiring image with a quote from the quote page.	Repost a content made by your market.	Launch a promo for your products/services.	Share your latest blog or podcast.	Mac or PC lover?	Halloween	



#### **November**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1
						TEACH & EDUCATE
						Share a tip related to your offerings
2	3	4	5	6	7	8
ENCOURAGE & INSPIRE	RELAX & ENTERTAIN	ACHIEVE & PROMOTE	TEACH & EDUCATE	ENGA GE	RELAX & ENTERTAIN	CONNECT
Awe-inspiring image with a quote from the quote page.	Melbourne Cup	Promote a service/product.	Share a free resource from your website.	Tell us 3 things people do not know yet about your product?		What do you want to know?
9	10	11	12	13	14	15
ENCOURAGE & INSPIRE	TEACH & EDUCATE	ACHIEVE & PROMOTE	CONNECT	RELAX & ENTERTAIN	ACHIEVE & PROMOTE	ENGAGE
Awe-inspiring image with a quote from the quote page.	Live webinar about one of your services/products.	Share a nice testimonial from a customer.	Behind-the-scenes of what you are doing.	World Kindness Day	Promote a service/product.	The best way to relax for me is
16	17	18	19	20	21	22
ENCOURAGE & INSPIRE	CONNECT	ACHIEVE & PROMOTE	Teach & Educate	ENGAGE	RELAX & ENTERTAIN	CONNECT
Awe-inspiring image with a quote from the quote page.	Post a thank you message for your customers.	Promote your email opt-in.	Share a blog related to your business and industry.	Are you an FB or an IG person?	Share a funny weekend meme.	Who are the influencers you follow on social? Name 3.
23	24	25	26	27	28	29
ENCOURAGE & INSPIRE	TEACH & EDUCATE	ENGAGE	RELAX & ENTERTAIN	CONNECT	ACHIEVE & PROMOTE	ENGAGE
Awe-inspiring image with a quote from the quote page.	Share a blog related to your business and industry.	How do you like your coffee?	Thanksgiving Day	Repost a thanksgiving photo of your customer.	Launch a promo for your products/services.	I love this day because
30  ENCOURAGE &  INSPIRE  Awe-inspiring image with a quote from the quote page.						



#### **December**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1	2	3	4	5	6
	RELAX & ENTERTAIN	ACHIEVE & PROMOTE	TEACH & EDUCATE	ENGAGE	ENCOURAGE & INSPIRE	CONNECT
	World AIDS Day	Promote a service/product.	Share a tip related to your offerings	The best movie you have watched in Netflix.	Awe-inspiring image with a quote from the quote page.	Repost a photo from your customer of their Christmas preparations.
7	8	9	10	11	12	13
ENCOURAGE & INSPIRE	TEACH & EDUCATE	ACHIEVE & PROMOTE	RELAX & ENTERTAIN	ENGAGE	CONNECT	TEACH & EDUCATE
Awe-inspiring image with a quote from the quote page.	Share a free resource from your website.	Share a nice testimonial from a customer.	Human Rights Day	My favourite Christmas food is	Share an inspiring story fit for the season.	Live webinar about one of your services/products.
14	15	16	17	18	19	20
ENCOURAGE & INSPIRE	TEACH & EDUCATE	ACHIEVE & PROMOTE	CONNECT	ENGAGE	RELAX & ENTERTAIN	TEACH & EDUCATE
Awe-inspiring image with a quote from the quote page.	Answer a FAQ about your business.	Promote a service/product.	Share your favourite family activity for the holidays.	The best Xmas gift I ever received.	A funny Gif reflecting your mood right now.	Share a case study that relates directly to your business.
21	22	23	24	25	26	27
ENCOURAGE & INSPIRE	CONNECT	ACHIEVE & PROMOTE	TEACH & EDUCATE	RELAX & ENTERTAIN	ENGAGE	CONNECT
Awe-inspiring image with a quote from the quote page.	Share the story of your customer of the month.	Promote your email opt-in.	Share a blog related to your business and industry.	Christmas Day	Describe your Christmas with a single emoji.	Thank your clients for sticking with you through 2020!
28	29	30	31			
ENCOURAGE & INSPIRE	RELAX & ENTERTAIN	ACHIEVE & PROMOTE	ENGAGE			
Awe-inspiring image with a quote from the quote page.	Share a funny xmas video.	Launch a promo for your products/services.	This New Year is exciting because			

